

The WE Mentality

Q4 Goal Sheet

Use this sheet to set clear and intentional goals for Q4. Focus on writing 3 goals in each category of the 6 F's, then choose one to prioritize during the workshop. The remaining goals can be completed at home within the week.

Category	Goal 1	Goal 2	Goal 3	Priority Goal (*)
Faith				
Family				
Fitness				
Finances				
Freedom				
Fun				

Notes & Reflections:
